

# KALAMAZOO COMMUNITY MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES

## ADMINISTRATIVE PROCEDURE 44.03\_01

<b>Subject:</b> Methadone Assisted Treatment and Recovery	<b>Section:</b> Psychiatric Services
<b>Applies To:</b> <input checked="" type="checkbox"/> KCMHSAS Staff <input type="checkbox"/> KCMHSAS Contract Providers	<b>Page:</b> 1 of 4
<b>Approved:</b>  <div style="text-align: center;">-----                  (Jeff Patton, Chief Executive Officer)</div>	
<b>Revised:</b> 03/08/2016	<b>Supersedes:</b> 11/27/0212
<b>First Effective:</b> 01/21/2009	

### PURPOSE

To clarify the process for use of methadone in medication-assisted treatment recovery for opioid dependence.

### PROCEDURE

- I. KCMHSAS in accordance with the Michigan Department of Health and Human Services (MDHHS) Contract for Substance Abuse Services and the Michigan Medicaid Provider Manual will provide Opioid methadone treatment (OMT) as part of the continuum of care. Opioid Treatment Programs (OTP) shall deliver services in accordance with the MDHHS/BSAAS Treatment and Recovery Policy #05, Subject: Criteria for Using Methadone for Medication-Assisted Treatment and Recovery, the Administrative Rules for Substance Abuse Services in Michigan, the MDHHS Contract for Substance Abuse Services and the Michigan Medicaid Provider Manual.
  
- II. All individuals receiving OMT must meet medical necessity criteria as determined by:
  - A. Level of Care determination using all six dimensions of the ASAM Patient Placement Criteria.
  - B. Have an initial diagnostic impression of Opioid Dependency for a duration of at least one-year, based upon the most current version of the DSM criteria.
  - C. Be at least 18 years of age or have at least two documented unsuccessful attempts at short-term detoxification and/or drug-free treatment within a 12-month period.
  - D. Individuals lacking significant history of opioid dependency will be referred to

abstinence based treatment which may or may not include buprenorphine or naltrexone.

- E. Also refer to section on Special Circumstance for Pregnant Women and Adolescents in the MDHHS/BSAAS Treatment and Recovery Policy #05, Subject: “Criteria for Using Methadone for Medication-Assisted Treatment and Recovery” for additional criteria for pregnant women and adolescents.
- III.** All individuals must submit to a physical examination upon admission, which must include an assessment to confirm the current DSM diagnostic impression of Opioid Dependence for at least one-year.
- IV.** Individuals must be informed that all of the following is required:
- A. Daily attendance at the OPT clinic for dosing, including Sundays and holidays if criteria for take home medication are not met.
  - B. Mandatory attendance at counseling sessions.
  - C. Random toxicology testing at least monthly.
  - D. Coordination of care with all prescribing practitioners (physicians, dentists, and any other health care provider) over the past year.
  - E. A complete list of all prescribed medication and at minimum, a copy of the prescription label.
  - F. Participation in the individual’s individualized treatment plan.
  - G. Compliance with the individualized treatment plan.
  - H. All substances of abuse must be included in the treatment plan.
  - I. Agreement with the conditions in the KCMHSAS OMT Client Agreement, as indicated in writing.
  - J. Continued eligibility, review every 3-months.
  - K. Physician review and written justifications required to continue maintenance beyond 2-years.
- V.** Treatment plans and notes are expected to reflect the clinical status of the individual including compliance contracts, extra sessions and off-site dosing privilege status.
- VI.** Individuals may become eligible for off-site dosing either on a temporary or permanent basis. In order to grant off-site dosing privileges, providers must follow the MDHHS/BSAAS Policy #04 Subject: Off-Site Dosing of Requirements for Medication Assisted Treatment.

- VII.** OMT funding is intended for individuals who need substance abuse treatment, not pain management. All individuals who identify Opioid dependency as a result of pain management will be referred to his/her primary care physician or managed care organization.
- A. Persons who need substance abuse treatment for Opioid dependency and is also a pain patient are not precluded from OPT.
  - B. In some cases, the toxicology screen may be required prior to authorization for individuals who have presented as a pain management patient in order to validate the presence of other illicit substances, which would warrant OMT placement.
- VIII.** Individuals who are authorized by a physician to use marijuana per Michigan law. For enrolled individuals, there must be a copy of the MDHHS registration card for medical marijuana issued in the individual's name in the chart or the "prescribed medication log". If an individual is unwilling to provide prescription or medical marijuana information, the OTP must include a statement to this effect, signed by the individual in the chart. These individuals will not be eligible for off-site dosing, including Sunday and holiday doses.
- IX.** Individuals may be discharged from OPT when at least one of the following criteria is met:
- A. Treatment is completed.
  - B. Clinical non-compliance.
  - C. Behavioral non-compliance.
  - D. If through utilization review it is determined that individual lacks capacity to benefit.

## REFERENCES

- MDHHS Contract for Substance Abuse Services
- [Michigan Medicaid Provider Manual](#)
- [MDHHS/BSAAS Treatment and Recovery Policy #05, Subject: Criteria for Using Methadone for Medication-Assisted Treatment and Recovery](#)
- [Administrative Rules for Substance Abuse Services in Michigan](#)
- [MDHHS/BSAAS Policy#04 Revised, Subject: Off-Site Dosing Requirements for Medication-Assisted Treatment](#)
- [MDHHS/BSAAS Policy #06 Revised, Subject: Individualized Treatment and Recovery Planning](#)

**EXHIBIT**

- A. [MDHHS/BSAAS Treatment and Recovery Policy #05, Subject: Criteria for Using Methadone for Medication-Assisted Treatment and Recovery](#)