

NAMI Family-to-Family Education Program is a free, 11 session educational program designed for family members, partners, friends and significant others of adults living with a mental illness. The course is designed to help participants understand and support their loved one living with mental illness, while also maintaining their own well-being. Thousands of families have described the program as life changing. NAMI-trained family members, with “lived experience”, teach this program.

“You don’t have to deal with mental illness in isolation”!

NAMI of Kalamazoo, the local organization affiliated with the National Alliance on Mental Illness will offer its next NAMI Family-to-Family Education Program beginning March 12, 2019 thru May 21, 2019. The sessions will be held on Tuesdays from 6:00-8:30pm at KCMHSAS’s 418 W. Kalamazoo location.



Participant Perspectives

“This course overall was the single most, without a doubt, helpful and informative thing ever offered in all my years searching for answers... It has helped me to understand better and communicate more effectively with my brother.”

“The course has helped me to realize that my son is still inside the body that is often times hidden by the mental illness and that I am not alone in this.”

To register for either our Spring 2019 or Fall, 2019 Family-to-Family Education Programs, contact Richard Thompson, Family Education Program Coordinator, for NAMI of Kalamazoo at Richard@namikzoo.org



Kalamazoo Community Mental Health and Substance Abuse Services, in support of the Family-to-Family Education program, has partnered with NAMI of Kalamazoo, and will provide a Family Support Specialist to assist program participants as needed.

Deb Schauer, Family Support Specialist
KCMHSAS Family Support Service

About NAMI

NAMI of Kalamazoo and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.